



## 2023 Lunch Menu

Camp Keystone offers a hot lunch program for \$11.00 a day. Campers who want to take advantage of our freshly prepared lunches must pre-order and pay for lunches through their account prior to the day they will be eating it. Lunches will NOT be available for purchase the day of with cash.

1. To pre-order lunch when registering online, just click the boxes for the days you would like to order lunch on the Additional Options page that is part of the application.
2. If you would like to pre-order lunch after you've already registered, just log into your Camp Keystone account at <https://keystoneday.campintouch.com/v2/login/login.aspx>. After you have logged in, click on Forms & Documents, then Additional Options and click the boxes next to the days you would like to order lunch. You must pay online with your debit/credit card if ordering lunches.

**Lunches include a main entree listed below and Salad (garden, Caesar, or veggie sticks), Fresh fruit (watermelon, oranges, apples), Chips, and Cookies.** Every lunch is prepared in our commercial kitchen and will be served according to LA County health and safety guidelines. Entrée substitution available daily (limited quantity): Yogurt, String Cheese, and Granola served with the sides listed above.

Session/Dates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Session 1</b> June 12-16	Grilled Cheese on Sourdough & Tater Tots	Beef Taquitos served with a mild salsa	Chicken Nuggets	Turkey Sandwich with lettuce, tomato on a soft roll	Breakfast Lunch / French Toast Sticks
<b>Session 2</b> June 19-23	Chicken Patty with cheese on soft bun	Bean & Cheese Burrito served with a mild salsa	Hamburger served with lettuce, tomato & cheese	Pizza Cheese or Pepperoni	Hot Dog or Chili Dog
<b>Session 3</b> June 26-30	Teriyaki Chicken with White Rice	Beef tacos served with salsa	Baked Whole Grain Ziti with meat sauce	Corn Dogs & Tater Tots	Mac & Cheese
<b>Session 4</b> July 3-7	Beef Taquitos served with a mild salsa	No Camp Today Happy Independence Day!	Grilled Cheese on Sourdough & Tater Tots / Sundae Bar	Chicken Nuggets	Turkey Sandwich with lettuce, tomato on a soft roll
<b>Session 5</b> July 10-14	Quesadilla, choice of cheese or chicken	Beef taco served with salsa	Bean & Cheese Burrito served with a mild salsa	Teriyaki Chicken with White Rice Bowl	Beef Taquitos served with a mild salsa
<b>Session 6</b> July 17-21	Hot Dog or Chili Dog	Bean & Cheese Burrito served with a mild salsa	Hamburger served with lettuce, tomato & cheese	Baked Whole Grain Ziti with meat sauce	Corn Dogs & Tater Tots
<b>Session 7</b> July 24-28	Mac & Cheese	Beef Taquitos served with a mild salsa	Pizza Cheese or Pepperoni	Grilled Cheese on Sourdough & Tater Tots	Chicken Nuggets
<b>Session 8</b> July 31- Aug 4	Turkey Sandwich with lettuce, tomato on a soft roll	Quesadilla, choice of cheese or chicken	Chicken Patty with cheese on soft bun	Pizza Cheese or Pepperoni	Hamburger served with lettuce, tomato & cheese
<b>Session 9</b> Aug 7-11	Hot Dog or Chili Dog	Beef taco served with salsa	Grilled Cheese on Sourdough & Tater Tots	Teriyaki Chicken with White Rice Bowl	Baked Whole Grain Ziti with meat sauce

**Note: Camp Keystone may make substitutions to this menu on occasion as necessary due to unforeseen circumstances.**