

## 2018 Lunch Menu

Camp Keystone offers a hot lunch program for \$7.00 a day. Campers who want to take advantage of our freshly prepared lunches can do so in the following ways:

- 1. To pre-order lunch when registering online, just click the boxes for the days you would like to order lunch on the Additional Options page that is part of the application.
- 2. If you would like to pre-order lunch after you've already registered, just log into your Camp Keystone account at <a href="www.campkeystone.com/manage-your-campers">www.campkeystone.com/manage-your-campers</a>. After you have logged in, click on Forms & Documents, then Additional Options and click the boxes next to the days you would like to order lunch. You must pay online with your debit/credit card if ordering lunches.
- 3. For your convenience, campers may also purchase their lunch each morning when they arrive at camp at the Welcome Booth.

Listed below is our Summer Lunch Menu\*\*. Lunches usually consist of an entree (as listed), three sides (such as coleslaw, green salad, potato salad, fresh fruit, vegetables, or chips), and cookies or other dessert. Juice/punch and water are always available to ALL campers whether they have purchased a lunch or not.

Week/	Monday	Tuesday	Wednesday	Thursday	Friday
Dates			-	•	
Week 1				Cheese/Pepperoni	French Toast Sticks
June 14-15				Pizza	
Week 2	Baked Chicken	Grilled Hamburger on	Chicken/Cheese	Bar-B-Q	Subway Turkey on Whole
June 18-22	Nuggets	Whole Wheat Bun	Quesadilla	Beef	Wheat
Week 3	Bean & Cheese	Grilled Cheese on	Chicken Patty on	Baked Chicken	Hot Dog/Chili Dog
June 25-29	Burrito	Whole Wheat	Whole Wheat Bun	Taquitos	on Whole Wheat Bun
Week 4	Taco Bar w/	Cheese/Pepperoni	July 4	Grilled Hamburger or	Whole Grain Baked Ziti
July 2-6	Rice & Beans	Pizza	CAMP CLOSED	Whole Wheat Bun	w/marinara*
Week 5	Chicken/Cheese	Corn	Mac & Cheese	Bean & Cheese	Baked Chicken
July 9-13	Quesadilla	Dogs		Burrito	Nuggets
Week 6	Chicken Patty on	Grilled Cheese on	Hot Dog/Chili Dog	Whole grain Baked	Chicken/Cheese
July 16-20	Whole Wheat Bun	Whole Wheat	Whole Wheat Bun	Ziti with marinara*	Quesadilla
Week 7	Bar-B-Q	Subway Turkey	Grilled Hamburger	Mac & Cheese	Corn Dogs
July 23-27	Chicken	on Whole Wheat	on Whole Wheat Bu		
Week 8	Bean & Cheese	Whole Grain Baked	Teriyaki Chicken &	Cheese/Pepperoni	Bar-B-Q
July 30-Aug 3	Burrito	Ziti with marinara*	White Rice	Pizza	Beef
Week 9	Hot Dog/Chili Dog	Bar-B-Q	Mac & Cheese	Grilled Hamburger	Taco Bar w/
Aug 6-10	on Whole Wheat Bun	Beef		Whole Wheat Bun	Rice & Beans
Week 10	Baked Chicken	Chicken/Cheese	Subway Turkey	Baked Chicken	Cheese/Pepperoni
Aug 13-17	Taquitos	Quesadilla	on Whole Wheat	Nuggets	Pizza
Week 11	Grilled Cheese on	Chicken Patty on	Mac & Cheese	Hot Dog/Chili Dog	Baked Chicken
Aug 20-24	Whole Wheat	Whole Wheat Bun		Whole Wheat Bun	Nuggets

<sup>\*</sup> Lunch contains meat

<sup>\*\*</sup>Camp Keystone may make substitutions to this menu on occasion as necessary due to unforeseen circumstances